

Alcohol Management and Relapse Prevention

Facilitated by ZEST

This ½ day specific skills training workshop is a progress workshop from the *'Impact of Alcohol on Self-harm and Crisis Intervention'* training so **only participants who have completed the previous 2-day course can attend this course.**

This programme will help participants who work with anyone misusing alcohol:

- Examine the concept of relapse
- Methods to support the client not to drink again.

For further information on training please contact:

Email: clear@dhcni.com

Web: www.dhcni.com/clear

Address: CLEAR Project,
Unit 13, Strabane Enterprise Agency,
Orchard Road Industrial Estate,
Strabane.
BT82 9FR

Tel: 028 7138 3386

*Places are limited. Age restrictions apply. These sessions are open to staff & volunteers of
COMMUNITY & VOLUNTARY SECTOR
organisations operating within the Western Trust Area.*